

## MASS TIMES

Saturday @ 5:00 pm

Sunday @ 10:30 am

(incl. Children's Liturgy)

Tues @ 7:00 pm (Rector)

Wed @ 9:00 am & 7:00 pm

Thursday & Friday

@ 9:00 am

Adoration Fridays 9:30-11:30

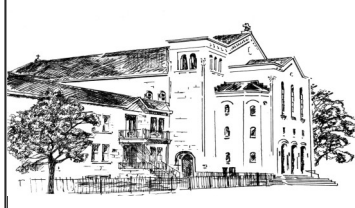
## St. Willibrord Roman Catholic Church

351 Willibrord Ave., Verdun, Qc. H4G 2T7

Tel: 514-769-9678 Fax: 514-761-1717

Email: [stwillibrordparish@videotron.ca](mailto:stwillibrordparish@videotron.ca)

Website: [www.stwillibrordparish.org](http://www.stwillibrordparish.org)



August 9, 2015

**19th SUNDAY IN ORDINARY TIME**

### Announced Masses

*Saturday August 8*

† Alice Barnes

By Ann Parr

† James Austin

Susan Charlebois

*Sunday August 9*

**For the Families of Salinggawi**

By Salinggawi

† James Austin

By Gloria Lee

*Tuesday August 11*

**Thanksgiving Mass for B-Day**

**Gabrielle Mary Grace Rosal**

By D. Rosal

*Wednesday August 12*

**9:00 am For Diocese of Saint-Paul, AB**

By Maria Saulnier

**7:00 pm † James Austin**

By Susan Charlebois

*Thursday August 13*

**Fast Recovery of Roberto Lim**

**And Cynthia Garia**

By Flora Lim

*Friday August 14*

† James Austin

By Carole Wepruk

*Saturday August 15*

**Ramon Alfaro Caspe**

**Pastora Caspe**

**Rafel & Auria Allado**

**Consejo Comodero**

By Comodero Family

*Sunday August 16*

**For the Families of Salinggawi**

By Salinggawi

**Lapello Family**

By Carmen Lapello

**Meditation:** God offers his people abundant life, but we can miss it. What is the *bread of life* which Jesus offers? It is first of all the life of God himself - life which sustains us not only now in this age but also in the age to come. The Rabbis said that *the generation in the wilderness have no part in the life to come*. In the Book of Numbers it is recorded that the people who refused to brave the dangers of the promised land were condemned to wander in the wilderness until they died. The Rabbis believed that the father who missed the promised land also missed the life to come. God sustained the Israelites in the wilderness with manna from heaven. This bread foreshadowed the true heavenly bread which Jesus would offer his followers.

Jesus makes a claim only God can make: He is the *true bread of heaven* that can satisfy the deepest hunger we experience. The manna from heaven prefigured the superabundance of the unique bread of the Eucharist or Lord's Supper which Jesus gave to his disciples on the eve of his sacrifice. The manna in the wilderness sustained the Israelites on their journey to the Promised Land. It could not produce eternal life for the Israelites. The bread which Jesus offers his disciples sustains us not only on our journey to the heavenly paradise, it gives us the abundant supernatural life of God which sustains us for all eternity.

When we receive from the Lord's table we unite ourselves to Jesus Christ, who makes us sharers in his body and blood and partakers of his divine life. Ignatius of Antioch (35-107 A.D.) calls it the "one bread that provides the medicine of immortality, the antidote for death, and the food that makes us live for ever in Jesus Christ" (*Ad Eph. 20,2*). This supernatural food is healing for both body and soul and strength for our journey heavenward.

Jesus offers us the abundant supernatural life of heaven itself - but we can miss it or even refuse it. To refuse Jesus is to refuse eternal life, unending life with the Heavenly Father. To accept Jesus as the *bread of heaven* is not only life and spiritual nourishment for this world but glory in the world to come. When you approach the Table of the Lord, what do you expect to receive? Healing, pardon, comfort, and rest for your soul? The Lord has much more for us, more than we can ask or imagine. The principal fruit of receiving the Eucharist or Lord's Supper is an intimate union with Christ. As bodily nourishment restores lost strength, so the Eucharist strengthens us in charity and enables us to break with disordered attachments to creatures and to be more firmly rooted in the love of Christ. Do you hunger for the "bread of life"?

"Lord Jesus, you are the *living bread* which sustains me in this life. May I always hunger for the *bread which comes from heaven* and find in it the nourishment and strength I need to love and serve you wholeheartedly.

- rc.net

**CONFESSIONS** will be heard 15 minutes before each Mass ~ weekdays, as well as on weekends.

**BAPTISM** Parents wishing to have their child baptized are asked to contact the Parish Office at 514-769-9678. A meeting with Parents and Godparents is a pre-requisite. Godparents must be baptized and confirmed in the Catholic Church.

**MARRIAGE** Please contact the Parish Office or Father Gregory well in advance.

**Pastor**  
**Fr. Gregory Nunez**

**Board of Wardens**

Joseph Brisindi  
Angèle LaFlèche  
Marcellina Daniel  
Jonathan Trabajada

**Office Staff**

Yvonne Pelling (mat. leave)  
Administration  
Terrel Joseph  
Adult Faith Formation  
Julian Paparella  
Administration and PCL

**Let us pray for the  
Immediate recovery of:**  
Joe Brisindi and Dan  
Boyer

**Thank you:**

Thank you to **Mike**  
for all his work  
around the parish!

Thank you to  
**Arthur and Evelyn  
Gilchrist** for  
cleaning the church  
and to **Arthur** for  
the furniture pick-  
ups!

Thank you to **Cora  
Garlando & Ruth  
Laxina** for cleaning  
the Rectory

Thank you to **all  
those preparing for  
PREX IV!!!**

**THANK YOU!!!**

**ST. WILLIBRORD ROMAN CATHOLIC CHURCH**

**UPCOMING EVENTS**

**TWO WEEKS TO PREX IV!!!**

The organizing team is hard at work plan-  
ning our next PREX Retreat! Join us for our  
upcoming Parish Renewal Experience, hap-  
pening on three consecutive Saturdays:

**August 15th, 22nd, and 29th!!!**

**Don't miss out on this beautiful  
opportunity to be nourished in your faith  
and unite as a parish family.**

PREX includes talks and sharing by fellow parishioners, music,  
meals, friendship, and fun. Pray about it!



***A BIG THANK YOU TO FATHER NONITO BERSOLA WHO IS VISITING  
THIS WEEK AND HAS BEEN CELEBRATING MASS FOR OUR  
PARISHIONERS—THANK YOU SO MUCH FATHER***

***THANK YOU TO JONAS BOLOFER FOR  
RENOVATING THE SIDE  
ENTRANCE TO THE RECTORY.  
IT'S BEAUTIFUL!!!***



**FAMILY POOL OUTINGS EVERY  
FRIDAY OF SUMMER**

Parents, bring your kids Fridays throughout the sum-  
mer for swimming at the Therrien Pool (LaSalle  
Blvd. and de l'Eglise, next to the Auditorium)!!!  
We'll meet at St. Willibrord's at 1:30 each Friday  
then arrive at Pool at approximately 2:00!

***SEE YOU AT THE POOL!!!***



**First Friday Mass and Spirituality – THIS FRIDAY!!!**

We had our very "First Friday Mass and Spirituality Talk"! We celebrated Mass at 7pm followed by a spiritual talk by Father Gregory. A wonderful way to begin each month with our Lord. See you next month on the first Friday of the month, September 4, 2015!!! We also have available at the rectory the Living Faith daily prayer booklet to help nourish us.

**Bible Study Thursdays with Father Gregory**

This Thursday we continue our Bible Study with Father Gregory at 6:30 p.m. in the Rectory. Join us to learn more about Scripture!